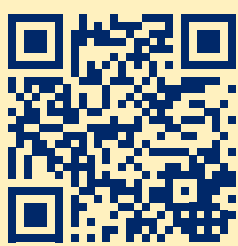


# During pregnancy, go alcohol free.



Get informed!

 **ASPQ**  
ASSOCIATION POUR LA SANTÉ  
PUBLIQUE DU QUÉBEC

**FA** fetal  
**SD** alcohol  
spectrum  
disorders  
talk about it for better action

[www.fasd-alcoholfreepregnancy.ca](http://www.fasd-alcoholfreepregnancy.ca)

